

DWS Classes

Creative Dance

ages 3-4 ½

Our Creative Dance class is a progressive movement program beginning with coordination skills, musicality, balance, rhythm and stretch. Young dancers will then be introduced to a variety of beginning ballet positions and tap steps.

Dance Fundamentals

ages 4-7

This ballet/tap combination class teaches students basic ballet positioning, form, and poise along with a fun, energetic rhythm of tap dance technique.

Combination Classes

ages 6 and up

You will see several choices and levels of training on our schedule. This curriculum offers classical ballet, tap and jazz. These combo classes continue the emphasis on proper terminology, technique, and core strength while artistically developing the dancer.

Turn and Kick

ages 7 and up

Stretch and Flex ages 6-9

Our Turn and Kick class consists of various stretch and strengthening exercises which are performed to increase stamina and control. There is an emphasis on technique for all turns, leaps and kicks.

Lyrical

ages 6 and up

Combines the beauty and grace of ballet and the style and strength of classical jazz. The music is soft and flowing. Balance, extension and control are developed.

Tap

ages 8 and up

The foot work, beginning with simple rhythms and sounds, quickly advances to more complex techniques. Tap vocabulary is emphasized and styles including soft-shoe, Latin, musical theater, and percussive tap.

Ballet

ages 8 and up

Ballet is the foundation for all dance forms and follows the most time-honored traditions of Ballet in America. Classes begin at the barre and progress to center floor combinations. Correct ballet terminology is stressed as is proper alignment, classical technique and musicality.

Jazz/Contemporary

ages 9 and up

Jazz/Contemporary emphasizes the control and motion of the body with freedom of style and expression. The class consists of technique, stretching, isolations, and center floor combinations.

Hip Hop

Kinder Hip Hop - ages 5-7

Kinder Hip Hop is an introduction to hip hop/ jazz technique, which teaches basic isolations, movement and progressions.

Hip Hop - ages 8 and up

Hip Hop classes utilize upbeat music from various genres. The resulting outcome is an energetic class that not only teaches you hip hop movements and technique, but also instills rhythm and precision in your muscle memory.

Street Foundations -

ages 8 and up *formerly Maria's hip hop

This class explores the foundations of various street style dances, such as house, vogue, waacking, hip hop, popping, locking, and more! Students will learn the basic movements and concepts of each style, along with a brief history of each to receive a well rounded understanding of the style of the week.

Modern

ages 10 and up

A wide range of free form dance that uses artistic expression and experimentation. Utilizing the Martha Graham technique, you will focus on the tension of a contracted muscle and the release of energy through the breath.

Musical Theater Dance

ages 8 and up

This class is based on the diverse history and dance styles of Broadway musicals. Class will include various show-specific dance techniques and choreographed musical production pieces along with instruction on how to use music, movement and facial expressions to support storylines.

Session Classes:

Tiny Two's: ages 1½ - 3

Get your little one moving by learning the basics of dance, while engaging in hands-on movement activities essential for large motor skills and peer interaction.

Unified Dance:

Unified Dance is offered for students with special needs entering grades 3-8 in the 2023 school year. Dance can be a unique and effective way to reach students with special needs because it is nonverbal. This program will help students gain balance, allow them to express emotion, and gain muscle control. In dance, they interact socially through parallel interaction, which can be less overwhelming on sensitive nervous systems. Students will learn the basics of movement, rhythm, ballet fundamentals, and explore an introduction to jazz. Class instruction with Beth Salito. Class will participate in a Winter Showcase and the annual June production.

This class is made possible with a grant from Ciara's Light Foundation.

Music Together®: ages birth - 5

Music learned through developmentally appropriate activities that support and respect the unique learning styles of very young children. Each child participates at his or her own level, singing, moving, chanting, listening, watching, or exploring musical instruments.